

9TH

ANNUAL THYROID UPDATE 2023

 **Providence**
Endocrine & Diabetes
Specialty Centre





14 MAY
2023

9 AM - 2 PM

2 CME
credit hours



HOTEL RESIDENCY TOWERS
TRIVANDRUM



Dear colleague,

We are pleased to invite you to the Annual Thyroid Update 2023, which promises to be informative and engaging. The meeting will be held on 14 May 2023 at Hotel Residency Towers, Trivandrum. This will be followed in the afternoon with the Grand Thyroid Quiz 2023. We would be honoured if you could attend.

The meeting will feature excellent speakers who will share their expertise on a variety of topics, including the challenges in managing thyroid nodules and thyroid diseases in pregnancy. Following the presentations, there will be a time for discussions, giving attendees the opportunity to engage with the speakers and other attendees.

We believe this meeting will be an excellent opportunity for you to learn about recent advances in the field and to network with other professionals. We hope you will join us and contribute to what is sure to be a dynamic and productive discussion.

Please RSVP to confirm your attendance, and don't hesitate to contact us with any questions or concerns. It is a breeze to register by using the link below.

We look forward to seeing you at the meeting!

Best regards,

Dr. Mathew John
Dr. Tittu Oommen

ORGANISING TEAM

Dr. Mathew John , Organising Chairman
Dr. Tittu Oommen , Organising Secretary
Dr. Deepa G, Joint Secretary

SCIENTIFIC ADVISORS

Prof. P. K Jabbar , MD , DM
Dr. Aneesh Ghosh , MS , MD
Dr. Thushanth Thomas , MD , DM

REGISTRATION 





NATIONAL FACULTY

Dr. Dhalapathy Sadacharan, MS, MCh (Endocrine surgery), Apollo Spectra Hospital, Chennai.

Dr. Narayanan N. K., MRCP(UK), SCE(Diabetology & Endocrinology,UK),MRCP (Diabetology & Endocrinology, UK),CCT (UK), Apollo Hospital, Chennai.

Dr. M. V Rama Mohan, MD, DM(Endo), Apollo Speciality Hospital, Nellore

Dr. Kripa Elizabeth Cherian, MD, DM(Endo), Christian Medical College, Vellore.

STATE FACULTY

Dr. Abilash Nair, MD, DM(Endo),Govt.Medical College, Thiruvananthapuram.

Dr. Akhil Krishna, MD, DNB, DM(Endo), KIMS Health, Thiruvananthapuram.

Dr. Prem Narayanan, MD, DM(Endo), Ahalia Diabetes Hospital, Palakad.

Dr. Rony Ruben, MD, DM(Endo), NS Hospital, Kollam.

Dr. Arun S. Menon, MD, CCT (UK),FRCP(UK), Lisie Hospital, Kochi.

Dr. Vishnu Vasudevan, MD, DM(Endo), Moulana Hospital, Perinthalmanna.

Dr. Biju Mohan, MD (Radiodiagnosis), PRS Hospital, Thiruvananthapuram.



MEET OUR FACULTY HERE 

Chairpersons: Dr. Mohan T. Shenoy ,
Dr. Aromal Chekavar S

09:00 - 09:40 AM The benign and borderline nodule conundrum.

Dr. Dhalapathy Sadacharan , Chennai

Dr. Biju Mohan , Thiruvananthapuram

Dr. Abilash Nair , Thiruvananthapuram

Controversies in Thyroidology

Chairpersons: Dr. Mahesh Sukumaran ,
Dr. Suresh S

09:45 - 10:15 AM Debate : Long term antithyroid therapy in Graves' disease . Yay or Nay ?

Dr. M. V Rama Mohan , Nellore

Dr. Vishnu Vasudevan , Perinthalmanna

10:15 - 10:35 AM The pros and cons of routine thyroid testing : general practice, preop scenario and intensive care.

Dr. Narayanan N.K , Chennai

In Hospital Thyroidology

Chairpersons: Dr. Sanjay Zachariah ,
Dr. Abhilash K

10:40 - 11:00 AM Thyroid function abnormalities in hospitalised patients : case based approach.

Dr. Kripa Elizabeth Cherian , Vellore

11:00 - 11:20 AM Surprises during thyroid surgery: a pictorial journey.

Dr. Dhalapathy Sadacharan , Chennai

The Labs in Thyroidology

Chairpersons: Dr. Raj Mohan L ,
Dr. Sasikumar V

11:20 - 11:40AM Optimal use of thyroglobulin, Ultrasound and nuclear scans in thyroid cancer management.

Dr. Arun S.Menon , Kochi

11:40 - 12:00AM Laboratory issues in thyroid function tests: a primer for the practicing physician.

Dr. Akhil Krishna , Thiruvananthapuram

12:00 - 12:20AM Is there a dietary approach to managing thyroid disease : gluten, selenium, diary products or herbal medicines ?

Dr. Prem Narayanan , Palakkad

Oral T3 Symposium

Chairpersons: Dr. Thushanth Thomas ,
Dr. Tony P. Joseph

12:30 - 1:10 PM Gist of data .

Dr. Rony Ruben , Kollam

Who is the right candidate ?

Dr. Prem Narayanan , Palakkad

How to use ?

Dr. M. V Rama Mohan , Nellore

Thyroid Disease in Pregnancy Symposium

Chairpersons : Dr. Anupama R ,
Dr. Sathy M Pillai

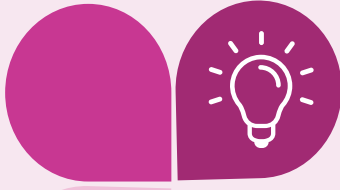
01:10 - 01:30 PM A lady with TSH of 30 in first trimester: prognosis to mother and baby, and management considerations.

Dr. Vishnu Vasudevan , Perinthalmanna

01:30 - 01:50 PM A lady with Graves's disease on antithyroid drugs presenting at 8 weeks of gestation: prognosis to mother and baby, and management considerations.

Dr. Kripa Elizabeth Cherian , Vellore

01:50 - 02:00 PM Discussion



GRAND THYRIOD QUIZ - 2023

SEASON - 4

3 PM ONWARDS

POSTGRADUATES
OF ALL
DISCIPLINES

₹50K+
IN
PRIZE MONEY

TRAVEL
GRANTS*

* for finalists



Scan code for details
and registration

or

CLICK HERE 

ORGANISING TEAM

QUIZ COORDINATORS

Dr. Karthik V
Dr. Soumya S
Mrs. Rejitha Jagesh

COORDINATORS

Chief Coordinator : Mr. Ben Johnson
Event Coordinator : Ms. Manju A. P

OUR CORPORATE SPONSORS



EVENT PARTNERS



COORDINATION TEAM

Registration

Aswathi G. S
Parvathy S
Sehu R
Avani Kishore

Food & Beverages

Soumya R. Dharan
Anish Titus
Athira J.R

Venue

Renjini U
Anju S. R
Dinunath K. S
Thushara M. R

Audio Visual

Thans M. S
Aswathy G. R
Chinnu K. S

Quiz Hall

Manju M. J
Sreekutty S
Mekha Surendran
Aswathy Krishna

CONFERENCE SECRETARIAT

Providence Healthcare

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