

2 CME  
Credit  
Hours



8th

# annual thyroid update 2022

22 MAY 2022, SUNDAY

9 AM-2 PM

Hotel Residency Towers  
Trivandrum

Register here



**Providence**  
Endocrine & Diabetes  
Specialty Centre

[www.providenceconference.com](http://www.providenceconference.com)



***Welcome to the 8th Annual Thyroid Update from Providence Endocrine and Diabetes Specialty Centre to be held on the 22nd of May 2022 from 9 AM to 2 PM. The Grand Thyroid Quiz will follow this from 3 PM. We are happy to partner with the Indian Thyroid Society (ITS) to conduct this event.***

***This year, we expect to conduct the meeting in physical format. The conference will feature a panel discussion on multidisciplinary management of thyroid cancer, debates, case discussion and lectures. We will have an exciting mix of endocrinologists, endocrine surgeons, ophthalmologists, and nuclear medicine physicians to lead the discussions. We are aware of the fluidity of the current situation of the pandemic and will make decisions for modifying the format of the meeting if any problems arise.***

***The meeting would follow all precautions for preventing the spread of COVID infections. Hence, we may limit the number of delegates who can attend the conference. Therefore, we urge you to register for the meeting at the earliest and reserve seats.***

***We are looking forward to meeting you at the venue.***

***Dr Tittu Oommen, Organising Secretary***

#### **ORGANISING TEAM**

**Dr Mathew John, Organising Chairman**  
**Dr Tittu Oommen, Organising Secretary**  
**Dr Deepa G, Joint Organising Secretary**

#### **SCIENTIFIC ADVISORS**

**Prof .P.K Jabbar , MD, DM**  
**Dr. Aneesh Ghosh MS, MD, DNB**  
**Dr. Thushanth Thomas MD, DM**  
**Dr. Vimal M.V, MD, DM**

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## FACULTY

- **Prof. P.K. Jabbar, MD, DM, DNB**, Professor and Head, Department of Endocrinology, Medical College, Trivandrum
- **Dr. Arun Sasikumar MD (PGIMER), FEBNM, FANMB, MICNM**  
Head, Department of Nuclear Medicine,  
St Gregorios International Cancer Care Centre, Parumala,
- **Dr. Arun S. Menon, MD, CCT (UK), FRCP (UK)**  
Lisie Hospital, Kochi
- **Dr Nalini K, MD, DM**, Magna Code Clinics, Hyderabad
- **Dr. Vimal M.V , MD,DM**, Aster MIMS, Kozhikode
- **Prof. Vageesh Ayyar, MD, DM**, Profesor and Head, Department of Endocrinology, St. Johns National Academy of Health Sciences, Bangalore
- **Dr James Antony, MD, DM**, Rajagiri Hospital, Kochi
- **Dr Varsha Backiavathy, DO, DNB, FICO-UK**, Sankara Netralaya, Chennai
- **Dr Geethu Antony MD, DM**, Mar Sleeva Medicity, Pala
- **Dr Aneesh Ghosh MS, MD, DNB**, CODES, Trivandrum
- **Dr Philip Finny, MD, DNB**, Believers Church Medical College, Thiruvalla
- **Dr V. Sri Nagesh, MD,DM** , Sri Nagesh Diabetes, Thyroid & Endocrine Clinic  
Hyderabad
- **Dr G. Rijju, DRM, DNB, FPCT**, Coordinator and Head, Department of Nuclear Medicine, KIMSHEALTH, Trivandrum
- **Dr Aromal Chekavar S, MS, MCh**, Travancore Medicity, Kollam

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## SESSION 1

**9:00-9:40 AM: Multidisciplinary management of thyroid cancer**

**Dr Arun S. Menon**

**Dr Arun Sasikumar**

**Dr Aromal Chekavar S**

**9:40-10:00 AM: What are the common thyroid assay related problems in clinical practice: case-based discussion**

**Prof Vageesh Ayyar**

## SESSION 2

**10:00-10:30 AM: Debate: Should all women with thyroid autoimmunity and normal TSH in pregnancy be treated?**

**YES : Dr Nalini Kopalle**

**NO : Dr Vimal MV**

**10:30-10:50 AM: Examining a case of thyroid ophthalmopathy**

**Dr Varsha Backiavathy**

**10:50-11:10: Approach to subclinical hypothyroidism in children: when should I treat them?**

**Prof. P.K. Jabbar**

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## SESSION 3

11:15-11:35 AM: Case 1: A 26-year-old lady with hyperthyroidism planning pregnancy **Prof. Vageesh Ayyar**

11:35 AM-12:05 PM: Case 2: 66-year-old man with subclinical hypothyroidism **Dr Geethu Antony**

12:05-12:25 PM: Case 3: A 48-year-old lady with euthyroid multinodular goitre **Dr Aneesh Ghosh**

12:25-12:45 PM: Case 4: A 26-year-old lady with high TSH despite 250 mcg of thyroxine **Dr Philip Finny**

## SESSION 4

12:45-1:05 PM: Antithyroid therapy in Graves' disease: when to start and when to stop?  
**Dr Nalini Kopalle**

1:05-1:25 PM Application of artificial intelligence in thyroid disease  
**Dr James Antony**

1:25-1:45 PM: Use and misuse of thyroid autoantibodies  
**Dr V. Sri Nagesh**

1:45 -2:05 PM: Interesting cases in nuclear thyroidology  
**Dr G. Rijju**

## LUNCH AND NETWORKING

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**Online registration :** [Click here](#)

### **Coordination team**

Ben Johnson  
Manju AP  
Archa Ajith  
Aswathi G S  
Parvathy S  
Chinnu Joy  
Anish T

### **Grand Thyroid Quiz**

Rejitha Jagesh  
Manju MJ  
Geena S, Jabbar  
Sreekutty S  
Sreeja S J  
Dinunath K.S

Renjini U  
Soumya R  
Athira JR  
Avani Rajeet  
Thasni M.S  
Anju S R

## **CONFERENCE SECRETARIAT**

### **Providence Endocrine and Diabetes Specialty Centre**

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